Brook Lunch Menu 2026



Week 1

All main meals served with vegetables and side salad
Availalble daily: yoghurts, fresh fruit & bread

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Swedish Meatballs with Mashed Potato & Gravy	Tomato, Lentil & Roasted Veg Pasta	Roast Chicken with Sage Stuffing, Roast Potatoes & Gravy	Chicken & Pepper Pizza	Chicken Nuggets or Salmon Fishcake with Chips
Quorn Mince & Mixed Bean Chilli on a Jacket Potato (v)	Red Lentil Bolognese with Pasta (v)	Sweet Potato & Black Bean Wholemeal Pitta (v)	Cheese & Tomato Pizza (v)	Quorn Dippers (v) with Chips
Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings
Wholemeal Chicken Mayo Pitta	Cheese Sandwich or Chicken Baguette	Cheese Sandwich or Tuna Baguette	Cheese Sandwich or Egg Baguette	Cheese Sandwich or Ham Baguette
Green Beans Side Salad	Carrots Side Salad	Steamed Broccoli Side Salad	Wholewheat Pasta Corn Cobs Side Salad	Peas Side Salad

For allergen information please contact the Catering Supervisor on 01384 389888



Brook Lunch Menu 2026



Week 2

All main meals served with vegetables and side salad
Availalble daily: yoghurts, fresh fruit & bread

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Chicken & Garlic Wholemeal Pasta	Beef Fake-away Doner with Pepper & Coriander 50/50 Rice	Loaded Yorkshire with Chicken, Mash & Gravy	Chicken Tikka & Pineapple Pizza	Chicken Nuggets or Battered Fish with Chips
Quorn Bean Stuffed Pitta (v)	Chunky Parsnip, Potato & Lentil Soup with Crusty Wholemeal Bread (v)	Lentil Pie Topped with Mash (v)	Cheese & Tomato Pizza (v)	Quorn Dippers (v) with Chips
Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings
Wholemeal Chicken Mayo Pitta	Cheese Sandwich or Chicken Baguette	Cheese Sandwich or Tuna Baguette	Cheese Sandwich or Egg Baguette	Cheese Sandwich or Ham Baguette
Mixed Vegetables Side Salad	Carrots Side Salad	Steamed Broccoli Side Salad	Wholewheat Pasta Corn Cobs Side Salad	Peas Side Salad

For allergen information please contact the Catering Supervisor on 01384 389888



Brook Lunch Menu 2026



Week 3

All main meals served with vegetables and side salad
Availalble daily: yoghurts, fresh fruit & bread

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Lasagne	Chicken & Chickpea Curry with 50/50 Rice	Sausage with Mashed Potato & Gravy	Spicy Beef Pizza	Chicken Nuggets or Fish Fingers with Chips
Quorn Lentil Salad Pitta (v)	Spinach & Chickpea Curry with 50/50 Rice (v)	5 Bean Bake on a Jacket Potato (v)	Cheese & Tomato Pizza (v)	Quorn Dippers (v) with Chips
Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings	Jackets & Fillings
Wholemeal Fish Finger Pitta	Cheese Sandwich or Chicken Baguette	Cheese Sandwich or Tuna Baguette	Cheese Sandwich or Egg Baguette	Cheese Sandwich or Ham Baguette
Sweetcorn Side Salad	Carrots Side Salad	Steamed Broccoli Side Salad	Wholewheat Pasta Corn Cobs Side Salad	Peas Side Salad



For allergen information please contact the Catering Supervisor on 01384 389888